



PerspektivenWECHSEL

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Curriculum Vitae

QUALITY ASSURANCE

- Certified Art Therapist, iac Zurich
- Certified Holistic Psychological Coach, IKP Zurich
- Registered Therapist with EMR Quality Label
- Member of the Professional Association for Creative Psychotherapy and Art Therapy (GPK)
- Professional supervision for Art Therapy
- Continuous training courses in Switzerland and abroad



CURRENT EXPERIENCE

- since 2021 Art Therapist and Coach, own practice in Kilchberg
- since 2017 Senior Product Manager at Gerresheimer Olten AG (part time)



EDUCATION

- 2021 Psychiatric University Hospital, Day-Clinic Militärstrasse, Zurich
- 2020 – 2021 Holistic Psychological Coach, IKP Zürich
- 2018 MBSR: Mindfulness based stress reduction, Martina Egli Zurich
- 2017 Project work about Burnout in collaboration with MedBASE Zurich
- 2016 – 2017 Aufbaustudium Gestaltungstherapie IAC Zurich
- 2015 Imagination- Bild und Klang with Fides Schuler and Laure Perrenoud
- 2015 Intuitive Drawing and Painting with Thomas Lüchinger
- 2014 NLP and systemic counseling with Stefan Huck/Edith Sidler
- 2012 – 2015 Ausbildung Maltherapie IAC Zurich
- 2014 User-centered Analysis and Conceptual Design, HFI London UK
- 2014 Practical Usability Testing, HFI London UK
- 2013 Agile Product Owner, Certification, Scrum Alliance, Dallas TX
- 2012 Project Leadership Certification I and II, GEHC, Milwaukee
- 1985 – 1988 Fachfrau Radiologie HF, Careum Zurich